

**Snowshoe World Championship
Forêt Montmorency, Québec, Canada
9th to 11th of March 2012**

Event Schedule:

Friday, March 9, 2012

12pm: **VISIT OF QUEBEC CANCELLED**

4.30pm: Shuttle Bus to transport all the athletes on race site

5 to 7.30pm: Dinner at Forêt Montmorency (included)

Saturday, March 10, 2012

Free day for athletes

Possibility of recognition of the course in the afternoon.

Meals included (breakfast, lunch and dinner) in the cafeteria of the complex of the Forêt Montmorency.

Crosscountry skiing competition

9am: Start of 8.5km

9 :10am: Start of the 42km

9:30am: Start of 25km

2pm: Medals Ceremony

Mountain Bike Competition

This competition is organized for the benefit of the Maison Dauphine Quebec

18h: Start of the race

24h: End of race

Sunday, March 11, 2012

From 7.30 to 9 am: Breakfast (included)

8 to 9:30am: Race Packets

9 am: Start of 5km (popular feature)

10:30 am: Start of the World Championship and the Quebec Championship.

Athletes invited or qualified at the World Championships will have a specially identified bib and will be placed in the first line of the start.

11am to 13pm: BBQ

12.30 pm: Medals Ceremony

2pm: Shuttle Bus to Quebec Airport

Forêt Montmorency:

The complex of the Forêt Montmorency belongs to Laval University and is located 70km from the city of Quebec.

The site is located in a magnificent Boreal Forest with a beautiful scenery and perfectly suited playground for snowshoeing competition.

During the competition, the site will offer athletes, accommodation, meals, rest room, game room, media room and Internet access.

The many trails will be available for training before the race.

The package for invited athletes includes:

- Guided tour of Quebec City Friday, March 9
CANCELLED

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- Transportation from Quebec to Forêt Montmorency
- All meals (from Friday evening to Sunday noon)
- Accommodation at the Forêt Montmorency on Friday and Saturday night
- The transportation from the Forêt Montmorency to the airport in Quebec City on Sunday after the race.

Fees charged to the participants:

- First night in Quebec City (for the athletes who will arrive Thursday, March 8)
- Shuttle or taxi from the airport to the hotel (for the athletes who will arrive Thursday, March 8)
- Breakfast and dinner on Friday, March 9
- Last night, Sunday, March 11 (for athletes who leave Monday, March 12)

For coaches:

For those who wish to accompany the athletes, we will offer a package including the same activities and access for the athletes at a great price.

Thank you to inform us as soon as possible if you will be accompanied or not.

For more information please visit the following websites:

- Forêt Montmorency: www.fm.ulaval.ca

- 36 hours of the Forêt Montmorency: www.36hforet.com
- Snowshoeing Quebec www.raquettequebec.com
- Quebec City: www.ville.quebec.qc.ca
- Tourisme Quebec www.bonjourquebec.com

For registration please contact race director at the following email address:

contact@raquettequebec.com

With the collaboration of

